

Workshops and Courses	Yes	Not in full	No
* Find out who is the course leader or on the team. Do they meet Enneagram Alive Checklist for Professionals?			
* Does the organisation offering the course meet the Enneagram Alive Checklist for Organisations?			
Is there a good fit between the content and your current focus? Where does your interest lie?			
Does the way its delivered match the way you like to learn? e.g. online, face to face, interactive and experiential, length of course, time zone etc.			
Who is the workshop aimed at? Does it fit with your Enneagram situation? For example: newcomer, some previous reading/study/workshops, highly experienced, etc.			
Does the context and culture work for you? Bear in mind that the Enneagram is used in many different settings: personal, spiritual, corporate etc.			
What's the level of personal participation and inner work required? Is this OK for you?			
Has this course been running for a long time? A new course may be fine, but established courses may be preferable			
Can you find comments from previous participants?			
Notes: <ul style="list-style-type: none"> <li>• <b>We suggest one or more of the points marked with an asterisk is essential.</b></li> <li>• While ticking 'yes' to all the remaining criteria is ideal, it is also important to consider what really matters to you</li> </ul>			

