

Enneagram Alive News update December 2021

The Enneagram Alive website is live!

The Enneagram Alive Team are really excited to let you know that the Enneagram Alive website is now LIVE!

The purpose of Enneagram Alive is to be a standard-bearer for quality, ethics and professional practice and to serve as a platform and hub bringing together the Enneagram community in Ireland and the UK.

Visit the [Enneagram Alive](#) website and discover:

- The truly vibrant community of Enneagram users, personal and professional in the UK and Ireland.
- A dynamic information hub for Enneagram resources, helping you find workshops, practitioners, community groups and much more.....

On the site you will find:

- A listing of 30+ Enneagram professionals in the British Isles
- Signposts to the main Enneagram communities in UK and Ireland including the meet up groups and their managers
- Links to events and Enneagram happenings including the [EnneaFest!](#)
- Information on essential resources - both written and online – with handy guides, caveats and checklists
- Brilliant new type descriptions and overview of “What is the Enneagram”
- And a few other highlights such as the team’s favourite resources.

Help us get the word out so please visit the site and give us a “Thumbs up” on our [Facebook](#) page.

And **DO FORWARD** this email to **SHARE** this fantastic resource with like-minded Enneagram friends, family and colleagues to help maintain the high standards we are striving to maintain Enneagram.

Please also **LINK BACK TO US** and/or add us to your website or professional pages to help us be seen by a wider audience.

Please send any feedback or questions regarding the site to angela@cohelix.co.uk or teresamarydaniels@gmail.com

With warm wishes

The Enneagram Alive Team
(Teresa, Angela, Helen, Heather and Terry)



Enneagram Alive Teachers'/Practitioners' Forum

This group is for anyone who is interested in using the Enneagram with others - you do not have to be a qualified Enneagram teacher. We have therefore agreed to rename the group "The Enneagram Alive Practitioners' Group". If you would like to join this group, please contact Heather Brown on he.brown@btinternet.com

Helen Calder writes the following about the Practitioners' Forum meeting 1st December 2021.

The topic of 'Evaluation of our work using the Enneagram' has the potential to delve into all sorts of areas (philosophical and practical). Between us, we covered many questions of interest, for example:

What IS the measure of success and who measures it? (Practitioner or participant/client?)

What, how and when do we evaluate?

Why do we evaluate?

As Enneagram practitioners, we seek feedback and self-evaluate in order to improve and offer the best possible service and also to our build confidence in a job well done! We talked about how we might balance evaluation from client/participants with our own self-evaluations and whether there was a place for clients/participants to self-evaluate. Several of us shared examples where type-bias can play a part in how evaluation is received and type-bias was an area identified for further exploration. Practical ideas on evaluation included:

- Sharing google docs links in chat to complete as part of a Zoom workshop (immediate feedback)
- Giving participants space for workshops to 'land' before asking for feedback (later feedback)
- Checking in on clients/participants during the process of the workshop or coaching
- Setting intentions (facilitator and participant/client) and evaluating those
- Following up a week or two later to show care and interest in someone's growth

We also discussed the importance of peer support and supervision amongst Enneagram practitioners - for community as well as for sharing best practice. Continuing our own inner work is vital when leading others through a growth process and we felt this was an area to develop further in the Enneagram community. Practical ideas for peer support included:

- Small peer-led supervision groups
- Pairs or triads with a variety of types/centres
- Reciprocal coaching
- Sharing recordings for peer evaluation (with agreement from the client)
- Delivering workshops in pairs and evaluating together

At the end of the evening, we collectively evaluated the session to be constructive, helpful and full of insight; it gave us plenty for further reflection as well as some practical steps. As for me, I particularly enjoyed feeling part of a like-minded community, getting to talk to others in the breakout rooms and I found the topic to be far more multi-faceted and interesting than I had first imagined...And not a ticklist in sight!

The next meeting was scheduled for 2nd March where we will be exploring type bias.

Upcoming workshops

Loving Life with the Enneagram – with Helen English, 21-23 January 2022. Meet the Enneagram and its life-affirming resources. Our foundation-level (Part 1) workshop. Residential or non-residential at Ammerdown Park near Bath – contact Ammerdown 01761 433709 www.ammerdown.org

Encountering the Enneagram – growth at Ashburnham 8th -10th March, with Liz West. For more details see <https://www.ashburnham.org.uk/events>

Oxford Enneagram Community is on Zoom on March 19th 2022 – 10.30 – 4.00pm. For details: contact Helen Watts on info@ninepathways.co.uk

Enneagram Training workshops for Spring – live and face to face!

Panel Facilitator and Teacher Training 18-20 March 2022, face to face at Hillscourt, Birmingham. This workshop is open to those who have completed most of their typing practitioner training. Find out more details at <https://enneagramtraining.co.uk/panel-and-teacher-training/>

Intensive growth journey 1-5 April 2022, face to face at Hillscourt, Birmingham. You can start your Foundation Programme here, or with Instincts and Subtypes in September 2022.

Typing Practitioner Training 22-23 April and 6-7 May 2022 ONLINE (4 x 4 hour sessions 9.30-13.30)